



## Informed Consent for Rejuvenating/Acid Skin Peels

Exfoliating acid peels are not “cure all” treatments; however, for certain skin conditions exfoliating peels can provide marked improvement in the appearance of one’s skin. It is very important that you have an understanding of what skin peels can and cannot do for your skin condition.

Please read each statement thoroughly and sign and date at the bottom of consent form. It is important that you acknowledge any and all potential risk associated with skin peeling procedures.

- I understand that many skin treatments are rejuvenating and that I may need several administrations in order to achieve my best results.
- I understand that most skin rejuvenating treatments are combined with specific home care products in order to see maximum results.
- I acknowledge that no guarantee has been made to me by anyone regarding the treatment that I have herein requested and authorized.
- I am advised that though good results are expected, they cannot be and are not guaranteed.
- I acknowledge that no guarantee has been given me as to the amount of percentage of improvement expected following treatment.
- I understand this treatment is cosmetic and that no medical claims are expressed or implied.
- Prior to receiving any skin treatments, I have been candid in revealing any condition that may have bearing on this procedure, such as, but not limited to: pregnancy, recent facial surgery, allergies, tendency to cold sores/fever blisters, use of Retin A (tretinoin), Accutane or hormones.
- I agree to refrain from tanning booths and direct sun exposure while undergoing treatment. And I agree to wear sun protection with a minimum of SPF 20.
- I understand that although complications are rare, sometimes they may occur and prompt treatment is necessary. In the event of any complication, I will immediately contact the licensed esthetician who performed the treatment. I acknowledge the following but not only potential complications:
  - Discomfort, swelling or reddening, although usually minimal and of short duration, may persist anywhere from a few days to weeks.
  - Certain blemishes such as moles, blood vessels (telangiectasias), freckles and sun spots may become more obvious after peeling since layers of dead skin have been removed. Continued...
  - Although unlikely, if chemicals get into the eyes, scarring and vision disturbances may occur. Protective goggles should be worn when chemicals are being used.
  - Although rare, temporary and possibly permanent changes in color of the skin may occur.

- An outbreak of herpes may occur in effected individuals. Notify esthetician of history prior to any treatments.
- If the dermaplaning procedure is performed, hair is expected to grow back blunt-ended. New hair will not appear darker or denser. However, I do understand that any hormonal imbalance that may be present within my anatomical system can alter normal hair growth pattern.
- I understand that it is extremely important to strictly follow all home care instructions when striving to achieve optimal results.
- I understand that any and all risks and complications can result in additional surgery, hospitalization and time off of work and are at the patient's expense.
- The foregoing list is not intended to be a complete or exhaustive list of all possible complications which may arise form skin rejuvenating and exfoliating peels and treatments I understand that if I experience any adverse side effects that appear to be attributed to use of my products, that I will discontinue use and contact Skin Solutions Inc. immediately.

I certify that I have read and understand ALL of the above and have discussed any and all concerns with the Licensed Esthetician. I hereby agree to all of the above and to have skin rejuvenating and/or peeling treatments performed. I further agree to follow all post-peel skin care instructions as I am directed.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian Signature (if patient is a minor) \_\_\_\_\_

Licensed Esthetician's Signature \_\_\_\_\_ Date \_\_\_\_\_